



North Central Health Care

Volunteer News

Mark Your Calendars!

November 2019 Events

DATE	Event or Activity	# of Volunteers Needed
6	Sunshine Gals, 1st floor dining room, 10:15 am – Noon.....	3
8	Entertainment with Steve, 1st floor dining room, 1:30 – 3:30 pm.....	3
9	Bingo, 2nd floor dining room, 1:30 – 3:30 pm	3
11	Veteran’s Day Program, 2nd floor dining room, 9:30 – 11:45 am	5
15	Music with Cecelia, 1st floor dining room, 1:30 – 3:30 pm.....	2
15	Grandfriends, 2nd floor dining room, 1:30 – 3:30 pm	2
16	Mennonite Singers, 1st floor dining room, 10 – 11:30 am.....	3
23	Pro Musica Concert, 1st floor dining room, 10:14 am – Noon	4

December 2019 Events

3	Winter Intergenerational Party, 2nd floor Dining, 9:45 – 11:30 am	4
4	Sunshine Gals, 1st floor dining room, 10:15 – Noon.....	3
6	Holiday Bazaar, MV Lobby, 9:00 am – 1:00 pm	5
8	Gardenside / Southshore Family Christmas Party, 2nd floor dining room, 1:30 – 3:30 pm	4
10	Walmart Shopping, Lakeview Heights, 9:45 am – Noon.....	8
10	Walmart Shopping, Mount View Lobby, 1:00 – 4:00 pm.....	8
11	Walmart Shopping, Gardenside, 9:45 am – Noon.....	8
13	Grandfriends, 2nd floor dining room, 1:30 – 3:30 pm.....	2
14	Bingo, 2nd floor dining room, 1:30 – 3:30 pm.....	3
17	Christmas Caroling, Mount View Lobby, 9:45 am – 11:30 am	8
20	Waltz Party, John Marshall School, 1:15 – 3:30 pm	1
20	Music with Cecelia, 1st floor dining room, 1:30 – 3:30 pm	3
20	Mennonite Singers, 1st floor dining room, 10 – 11:30 am.....	3
23	Southshore / Long Term Care Christmas Party , 2nd floor dining room 1:30 – 3:30 pm	3

*Every Thursday afternoon from 1:30-3:30 pm we are need of volunteers to help gather for activities.

We appreciate all of the time you donate!

Hello Volunteers!

North Central Health Care looks and sounds like a place under construction. There is fencing and big machinery that do incredible things.



It is fun to see such large machines at work. At times, it can be a bit loud and a little hard to maneuver around our parking lots, but in the end our new facilities will be worth the slight inconvenience we are experiencing now. The walls of the pool have been poured and are beginning to take shape and the area for the two new buildings have been cleared. We are well on our way to a new and improved North Central Health Care.

As the Holidays begin to approach and the weather turns to winter we are starting to plan for our Christmas season. Each year we provide gifts to our residents and clients. There are many ways to give if you would like to help. You could select resident to adopt for the season, select a few items off of our donation list, make a monetary donation to purchase a gift certificate for a resident, offer your time for a visit or help with an activity. No matter how you are able to give, please know your donations are very much appreciated. Wishing you and your families a wonderful holiday season.

All our best,

Laural Harder & Kathy DeSantis

Volunteer Services Office
Phone: 715.848.4450
Email: volunteer@norcen.org

Adopt a Resident or Client for Christmas

Let us know if you would like to adopt a client or resident for Christmas and we can send you their name along with their wish list. This is a special way to make a difference during the holidays.

Flu Shots

You must receive your flu shot by November 1st to continue volunteering during the winter. If you receive a shot off-campus please bring a copy of your records. Flu shots are provided free of charge to Volunteers when administered at NCHC.

Email Communications

To receive newsletters and communication via email send your email to volunteer@norcen.org.

Elevator News

For the safety of our Legacies residents who have moved to Southern Reflections all three elevators in Mount View have been equipped with a double button to return to the 1st Floor. You will need to press the *1 button at the same time as the blank button on the elevator.

The double doors in the hallway to Southern Reflections will be closed and we ask that only necessary staff, visitors and volunteers enter the unit. Please ensure the doors are secure behind you.

Donation Opportunities

Many of our residents ask for gift certificates to our Gift Shop or Beauty Shop each year for Christmas. We are looking for monetary donations in the amounts of \$15, \$20 and \$25 dollars for our residents. If you wish to purchase a gift certificate for a resident, please contact the volunteer office.

The list of our Annual Donation Requests is also on page 3. This list contains items needed yearly by our residents/clients. Perhaps you could help fill our need.



Press *1 button and blank button at the same time to return to 1st floor MVCC

Volunteer Spotlight

Cliff Knapp



If I had to describe Cliff in one word it would have to be "humble". When we sat down to talk to Cliff about his volunteering here at North Central Health Care the first thing he said was "Really? There are so many more volunteers that are deserving of this recognition". As we continued our conversation about all the things he does for us, he was quick to turn it around giving all the credit to the staff and drivers. He raved about the compassion and organizational skills of the staff. "To see how staff interact with the resident's makes it easy and a pleasure to volunteer at NCHC," says Cliff.

Cliff has been volunteering here at NCHC since September of 2013. He initially started out as a 1:1 volunteer and then quickly moved into assisting with activities and helping us with resident ride-alongs. As Cliff assists us in multiple areas, we asked him if there was a specific event or occasion that he would be willing to share with us. He thought for a moment and shared the story about one of our scenic bus rides. He was sitting next to and visiting with one of our residents when she simply drifted off to sleep using Cliff as a pillow. Sometimes all we need is a shoulder to lie on. Volunteers do these small acts of kindness every day.

Upon retiring from Wausau Papers, Cliff and his late wife enjoyed traveling, dancing, swimming and golfing. Not many golfers can state that they have made a hole in one. Cliff can! He said he wasn't always sure if he believed in miracles but after that he became a believer. Cliff has three sons, one daughter, lovely in-laws, six grandchildren and six great grandchildren whom he is very proud of. Oh wait, there is one more word to describe Cliff and that would be "hero".

Next time you see Cliff ask him about the time he foiled a bank robbery.

Thank you Cliff for all you do and continue to do for the residents and staff of NCHC.

Contact Laural or Kathy in the Volunteer office at 715.848.4450 or email at volunteer@norcen.org.

North Central Health Care

Person centered. Outcome focused.

Donation Suggestions

Below are donation suggestions for clients and residents of North Central Health Care. These items will directly benefit individuals and families receiving services. Donations will be delivered to Mount View Care Center, Adult Day Services, Prevocational Services, Group Homes, Community Treatment for Children and Adults, Community Corner Clubhouse, Crisis Services, Lakeside Recovery and Wausau, Merrill, Antigo and Tomahawk office clients. Items with an asterisk are most needed.

Thank You For Your Generous Support!

Personal Items

- Wallets and Coin Purses
- Sweat shirts or flannel shirts - size large and up
- WARM winter gloves and mittens*
- Winter caps and scarves
- Socks* (anklets)
- Sweat pants* (M, L, XL, 2XL, 3XL, 4XL)
- Men's Undershirts, Underwear* - size medium and up
- Women's Underwear* - size S-4XL
- Women's fashion scarves
- Watches (slip-on type preferred)
- Costume jewelry*, necklaces especially with long chains
- Rubber soled slippers only - size Medium and up
- Men's belts and suspenders, caps
- Thermal Underwear
- Fleece blankets

Toiletries

- Body wash*
- Shampoo & conditioner*
- Hair accessories
(brushes, barrettes, hair ties, rattail combs)
- Unused Make-up (lipstick, powder, blush, ChapStick, etc.)
- Men's shaving items*
- Hand Cream* - small or medium bottles only
- Deodorant*
- Nail Polish*
- Toothbrushes & Toothpaste*
- Cologne* for men and women or Aftershave
- Disposable Razors* for men and women
- Beauty Supplies (non-metal nail files, cotton balls)
- Feminine Napkins/Tampons
- Polygrip
- Small bottles of dish soap or bleach
- Kitchen Sponges
- Small bottles of laundry detergent or pellet packs

Paper Products

- Bibles (Large print or regular)
- Stationary (small sets) and stamps for mailing
- New greeting cards

Unique Suggestions

- Small Fans
- Anything Green Bay Packers, Badgers, Brewers, Bucks
- Cans of Soda (caffeine-free only) or juice
- Small packages of snacks, gum and candies
(sugar-free or regular)
- Gift Certificates to McDonald's, Subway, Walmart, Kwik Trip, Target, etc.
- Complimentary tickets to a movie or concert
- Bus passes or tokens
- Thumb drives
- Sunglasses
- Dish Towels
- Small coffee makers

Recreation/Craft

- Color construction paper*
- New 100-300 pieces or less Puzzles
or therapeutic puzzles with large pieces*
- Fitness Items (balls, nets, weights, yoga mats)
- Word Search* and Crossword Puzzle Books*
- Adult Coloring Books
- Colored pencils, markers, crayons
- Board games (Pictionary, Scrabble, Sorry, Yahtzee, Life)
- Trinkets (almost any small object) for Bingo prizes
- Inexpensive canvases (all sizes)
- Books (fiction or non-fiction large print)
- Wireless Bluetooth headphones
- Glue or glue sticks*
- Tissue Paper
- Trivia Books
- Decks of Cards
- Play-doh
- Pony Beads

*Thank
You!*

If you are interested in adopting a client for the holidays, please contact the Volunteer Office at 715.848.4450 or volunteer@norcen.org

***Items with an asterisk are most needed.**

Your Thoughtfulness Towards Our Clients And Residents Is Very Much Appreciated!



North Central Health Care

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Gift Shop Open House

Tuesday, December 3

9:00 am – 5:00 pm

The Heartfelt Gift Shop, found in the entry way of Mount View Care Center, is a great place to pick up some wonderful holiday gifts at great prices!

Join us for our annual December Open House Event. Enjoy a snack while you shop our newest inventory of holiday gifts. Any purchase over \$1 is eligible for our drawing. Proceeds from the gift shop help support special activities and needs for the residents of Mount View Care Center.



Volunteer Services 715.848.4450 • www.norcen.org

**Books Are Fun/
Collective Goods
Book Fair**
The next Book Fair will be Friday,
Nov. 8th and Tuesday, Dec. 17th
from 9:00 am – 3:00 pm in the
North Central Health Care
Cafeteria.



North Central Health Care
Person centered. Outcome focused.
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